

### Olicana Gymnastics Club: Gymnast Behaviour and Conduct Policy

#### Introduction

Our club is committed to providing a safe, positive, and inclusive environment where every gymnast can thrive. We expect all members—gymnasts, parents, guardians, and staff—to uphold the values of *respect, kindness, and professionalism* at all times. These standards ensure that our club remains a welcoming space focused on enjoyment, learning, and personal development.

### 1. Gymnast Behaviour Expectations

All gymnasts are expected to:

- Show respect to coaches, gymnasts, and staff by listening, following instructions, and behaving safely. If a gymnast acts in a way that risks their own or others' safety, the club may, at its discretion, remove them from their group or session temporarily or permanently.
- Listen carefully to instructions and follow them promptly.
- Use kind and supportive language at all times.
- Demonstrate good sportsmanship, both in training and competition.
- Take care of club equipment and facilities.
- Maintain personal responsibility for behaviour inside and outside of the gym.

#### Failure to meet these expectations will result in the following steps:

- 1. First Warning: The gymnast will receive a verbal warning from their coach, outlining the behaviour that needs to change.
- 2. Second Warning: If the behaviour continues, the gymnast's parent or guardian will be informed by the coach or club manager.
- 3. Final Warning: Continued failure to improve behaviour may result in a formal meeting with the club manager and written notice of a final warning.
- 4. Removal from the Club: If behaviour does not improve after a final warning, the gymnast may be asked to leave the club.

# 2. Parent and Guardian Behaviour Expectations

All parents, guardians, and relatives associated with a gymnast are expected to:

- Treat all coaches, gymnasts, staff, and other parents with kindness and respect.
- Communicate courteously and professionally with club staff.
- Follow all club procedures and guidelines as outlined in official communications and the club website.
- Refrain from entering the gym or training areas unless invited or authorised by staff.
- Report any welfare or safeguarding concerns directly to the club's Welfare Officer (contact details available
  on the club website).

<sup>\*</sup>The club reserves the right to escalate or adapt these steps depending on the severity of the behaviour.

• Contact the Club Manager by email to arrange a meeting. For safety reasons, unplanned discussions cannot always be accommodated.

### Failure to meet these expectations may result in:

- A verbal or written warning.
- A formal meeting with the Club Manager.
- Suspension or termination of the gymnast's membership.

The club maintains the right to refuse service or membership to any individual—gymnast, parent, guardian, or relative—who fails to meet the standards of behaviour expected by the club.

## 3. Summary

Our club strives to promote teamwork, respect, and enjoyment in a safe and supportive environment. By following this policy, we can ensure that all members—children and adults alike—feel valued and respected, allowing every gymnast to reach their potential both in sport and in personal growth.